

**NP1F2103IT**

Personality Development

NP-LBEF002

HAND OUT DATE: APRIL

HAND IN DATE: AUGUST

WEIGHTAGE:

INSTRUCTIONS TO CANDIDATES:

**1 Submit your assignment at the administrative counter.**

**2 Students are advised to underpin their answers with the use of references (cited using the Harvard Name System of Referencing).**

**3 Late submission will be awarded zero (0) unless Extenuating Circumstances (EC) are upheld.**

**4 Cases of plagiarism will be penalized.**

**5 The assignment should be bound in an appropriate style (comb bound or stapled).**

**6 Where the assignment should be submitted in both hardcopy and softcopy, the softcopy of the written assignment and source code (where appropriate) should be on a CD in an envelope / CD cover and attached to the hardcopy.**

**7 You must obtain 50% overall to pass this module.**

BSc IT First Semester Section B

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Topic: My Teacher My hero

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# Executive summary

Personality is a synthesis of cognition, emotion and behavior. Personality is derived from the literal Latin "person". Different authors contributed their own personal ideas and opinions. Some of them are Fred Luthans, B. F. Skinner, Gordon Allport and Kimble Young. A person's personality can be realized in many ways, including exercise, self-confidence, etc. An individual's personality is affected by many different factors, such as environmental considerations, biological factors, and situational factors. Characteristics are an example of the beliefs, sentiments and activities of an individual. Consistency and strength are recommended by those who have particular characteristics such as personality, meditation, extroversion, affinity, rituals, neurosis, and openness. Different sources are employed for this assignment such books, articles and writers. For my project, I give valid quotes and references using numerous sources to ensure my work is respected and artistic pirating is avoided.

# 2 ACKNOWLEDGEMENTS

The University of Asia Pacific (APU) would like to offer our heartfelt gratitude for leading the initiative. I am also sincerely grateful to the Educational Foundation of the University of Rod Buddha for finishing the project. This task is conducted by the University's supervision, guidance and support.

By this endeavor, Ms Binita Gurung, Modul Leader, offers all the skills needed to be a responsible person in honor of the wonderful university leadership, continued support and consistent appreciation. My lives will be greatly helped by the donations, support and guidance that this university has given me regularly.

We thank Mr. Dinesh Dungana gratefully for the help and guidance. You and your teachings, I will never forget. Thank you for motivating me to trust me. I think you're your favorite teacher, I absolutely declare. You are not just a mentor, you are a passionate and vigorous professional, always with good examples to assist us comprehend.

Thank you and thank you to all my colleagues who have contributed to me directly or indirectly in carrying out our objective.

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# 4 Introduction

Personality is defined as a clear mix of a person's thoughts, feelings, and actions. Personality can generally be thought of as being very consistent throughout an individual's emergence from the inside out. Personality clarification can cover a variety of topics, from hereditary personality traits to the role of the environment and involvement when it comes to the formation of a person's personality. (Alan E, 2000)

## 4.1 Etymology

The term "person" is derived from the Latin word "persona," which meaning "mask." Consequently, we can also define personality as the way we introduce ourselves to others. Personality is a term that describes how we think, feel, act and communicate. Many authors express their opinions on the theme of individuality. Fred Rutan’s Gordon Allport B.F. Skinner is in it. (Kendra c. , 2020)

## 4.2 Definition

According to Ferd Luthans, personality shows the interaction of personality with patterns of internal and external quantifiable traits, how individuals see and interpret how they influence others.

According to Gordon Allport, personality is the dynamic structure of a person's psychophysical processes that determine unique adaptations (traits, behaviors, thoughts) to the environment.

Personality, according to B. F. Skinner, is the word for a person's reaction to external stimuli. Processes like operant conditioning shape people's behavior.

“Personality refers to the more or less structured collection of ideas, attitudes, characteristics, beliefs, and habits that an individual has formed into roles and status for dealing with others and with himself,” according to Kimble Young.

A person's personality may be developed in several ways. According to (dandan, 2018) Base on the following is some of the most important aspects of personality development: -

1. Make your own decisions
2. Effecting
3. Gratitude is a virtue
4. A friendly, happy expression
5. Stop complaining about others, staring at them, or criticizing them
6. Continue to eat healthily
7. Water should be consumed in large amounts
8. Exercise, yoga

## 4.3 Personality Development: Factors to Consider

The traits or qualities of a person are referred to as personality. According to (Niya, 2015)The formation of personality is influenced by a variety of factors. A number of things impact the formation of one's personality. Examples include: -

1. Biological Factor: - One of the most important factors in character development is biological component. Legacy, the neurological structure, chemistry, and DNA all play a part in character development. These elements influence a person's bodily structure, but their impact on character development is limited because they are derived from their forefathers and foremothers. (Aishwarya, n.d.)
2. Environmental Factor: - The environment is another important factor in the development of character. Topography, culture, religion, economic well-being, and family dynamics all influence character. These elements are essential for personality development. Individuals who live in hot and cold climates are not the same. People in the Gurung group prefer to drink beer at festivals and other events, but those who lack Brahmin do not. People in wealthy families prefer to live in luxury, while people in poor families have a hard time finding comfort. (Mark, 2019)
3. Situational factor: - The situational element is the most crucial variable over personality evolution. A individual personality can be altered as a result of a single experience or accident. Because of some incident, an individual with a good, fascinating, and beautiful nature may become an unpleasant, serious, and uninteresting personality. (John F., 2017)

## 4.4 Personality Traits

Aspects of a person's personality that may be noticed in a number of key social and personal situations are referred to as personality characteristics. As a result, a person's conduct is mostly governed by their personality traits. According to this notion, because of their personality qualities, a nice person will most likely act agreeable in any scenario. A broad analysis of character trait models indicates that they encourage both clinical analysts and laypeople to recognize the order or, worse, to provide recommendations based on a quick examination of their profile. (Kendra C. , 2021)

As a result of this, the "enormous five" or "five factor" theory, sometimes known as "trait theories," developed. In general, trait theories consider character to be the consequence of inner qualities that are passed down through the generations, such as:

1. Extroversion - contemplation: This trait is characterized by a combination of edginess, amiability, garrulity, self-assurance, and a high level of emotional expressiveness.
2. Agreeability: This category includes qualities like confidence, charity, compassion, friendship, and other personal activities.
3. Consciousness: This measurement is characterized by a high degree of care, superior driving control, and objectively integrated procedures. Dependable people are well-organized and pay attention to detail.
4. Neuroticism: Individuals that display a significant quantity of these characteristics will experience intense shakiness, discomfort, and a bad state of mind, as well as touchiness and anguish.
5. Openness: This characteristic encompasses traits such as creativity and knowledge, and people with a high degree of this trait will have a wide range of interests.

# Objectives

This is for a specific reason I'd want to talk about one of my favorite teachers:

1. To demonstrate to others all of his excellent deeds.
2. I'd want to express my gratitude to my professor for all of his assistance.
3. To cultivate the proper mindset.
4. To tell his side of the tale to everyone who would listen.
5. To help me with my writing and research skills.
6. To show how an educator can influence the character of another.

# 6 Methodology

Scientists use a number of techniques to investigate personality. Primary source and secondary source are two of the most often employed methods.

## 6.1 Primary Method:

Instead, then relying on already published books, articles, and other sources, this technique obtains data and information by going right to the source. This approach includes a variety of sources such as a questioner, an interview, and observation. We can learn about my favorite teacher's personality using this technique. Although this approach is costly, it is a good way to collect data and information.

The following are some examples of sources:

1. Questioner: It is a type of research instrument that consists of a series of questions aimed at subtracting data from survey respondents. My question is likely directed to the contact of that project, and I was able to get some insight from his answer. I might ask a lot of questions from my favorite instructor, as she teaches me and others many valuable lessons. You might ask him about his life path, the importance of education in his life, etc.
2. Interview: I primarily got knowledge about his characteristics after interviewing my favorite instructor. I can watch and listen to his interview whenever I want because it was filmed. I discovered what sort of guy he is and how much of an influence he has on others after doing an in-depth interview with him. In his presence, he collects every information. Data and information are collected as it is queried. After removing the redundant parts and keeping the necessary parts, I created this report.
3. Observation: We can see who we're interviewing as we're doing the interview. We may see his actions in public, how he speaks, and how he portrays himself. We can learn a lot about someone by looking at these items. We can learn a lot via observation. What we perceive becomes our guide. I can watch his conduct and apply it to my life when interviewing my favorite instructor.

## 6.2 Secondary method:

Many various sources, such as books, writers, newspapers, articles, magazines, and so on, may be used to get insight into one's personality. This resource has a good collection of personality data. Data and information are gathered from previously published books, periodicals, journals, and newspapers, among other sources. This method of data collecting is less costly and time-consuming than the primary approach.

This technique is often used to retrieve information from the following sources:

1. Several government and non-government agencies: Secondary survey data may also be viewed by certain governmental and non-governmental organizations. Government Printing Bureau, Census Bureau and Small Business Development Center are some of the places where you can get data and information.
2. Public libraries are those that are open to the general public.
3. Higher Education Institutions: Secondary research frequently misses the value of gathering information from educational institutions. Colleges and universities, on the other hand, conduct more research than any other type of business. That research can be used in our own studies.
4. Commercial information sources: Local newspapers, journals, magazines, radio, and television stations are all good places to look for secondary research material.

# 7 Research

## 7.1 Introduction of personality

A teacher is a person who guides and educates students and undergraduates. A personal coach, or more precisely, a teacher, is a teacher who provides guidance to one understudy. In some countries, traditional schooling is being supplemented by self-education. Understudy The following guards are replaced by instructors (guardians). A teacher is an individual who solves problems, understands society, and educates how to be valuable to society. They educate us not only about books, but also about how to adapt to changes in the general audience and the general public. (Arundhati, 2019)

When I was in secondary school, my favorite instructor was at the school. He was the math teacher in my class. His presenting manner was sensitive, considerate, and distinct from others. His mindset was unusual, but in a good way. His teaching method was distinctive and interesting, which enabled us to study and concentrate more effectively on the subject. In a scenario like this, he taught us how to cope with the problem, how to deal with it, and not to demand too much or lose hope. Rather than theories, he favors and concentrates on functional data that is practical and helpful. He was the type of person who would be an excellent educator in every way. He was regarded by the teachers and the head, in addition to us. He not only used his teaching approach to sharpen our minds, but he also encouraged us to participate in all of the sports that our school offered.

## 7.2 Being a Hero research:

Here are some studies on what it takes to become a hero teacher:

1. He is a great professor.
2. He is enthusiastic about his work and study.
3. He is highly diligent about adhering to the school's guidelines.
4. He concentrates on the faculty’s educational needs.
5. He is totally dedicated to his work.
6. He does research that is beneficial.
7. He steps in to serve as a positive role model.
8. He strives to understand and appreciate individuals from all walks of life.
9. He establishes a trusting environment.
10. He advocates for an open and trustworthy learning environment.
11. He demonstrated his personal progress in the learning environment.
12. Received all of the certifications he needed for his evaluation.
13. He bestows a variety of characteristics and powers onto his laboratory.
14. He participates in artistic endeavors.
15. In research, he teaches fundamental logic.

# 8 Interview Experience

I was not expecting the teacher's interview to go as well as it did. I informed him and requested that he schedule time for me. He consented to be interviewed and took time out from his busy schedule to do so. Before beginning the session, I personally contacted him on WhatsApp and offered a pleasant "Good morning sir." I've always wanted to learn more about him, but I don't think I'll ever get the opportunity. I learned more about his personality as a consequence of this job. My sessions were fun and interesting. I've learned a lot about him and consider myself extremely fortunate to have him as my idol. I asked him a lot of questions, and he always responded calmly and carefully. His favorite question was (what do you want to recommend to children on the mental health team?). He said, “One out of every six youngsters have mental health difficulties. Depression, anxiety neurosis, and behavioral disorders (a kind of behavioral illness) are examples of these, and people with them frequently respond to events in their life.”. His demeanor and eagerness to assist others are admirable. Overall, the interview went well, and I was interested in learning more.

# 9 Conclusions

At the end, following a personal visit to my favorite instructor, I've compiled a list of helpful hints for you. He could be the most well-liked person in the school and the neighborhood. Others are influenced by his personality. When it comes to helping people, he is always the first to arrive. He's always on the lookout for methods to make the world a better place. He not only assists those in need, but also animals.

I hope that this project will assist you in gathering vital information about your favorite teacher's fellowship so that you may educate others about your favorite teacher's traits. Various sources of knowledge contributed to my effort, with reasonable citations and references provided to respect their work and avoid infringement of creative property.

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# Appendices

Inquiry

To finish the project, I needed to see my teacher. As a result, it became obvious that certain questions concerning the aphorism's concept and the venture's goal would need to be prepared. So, here's what I'm looking for:

(Greetings should be the first topic of discussion.)

1. Sir, how are you today? Meeting you is also a privilege.
2. How are you doing these days, Sir?
3. Is it acceptable to say, sir, that you are healthy?
4. What activities do you enjoy doing in your spare time?
5. Do you get a rush from aiding those in need?
6. Do you want to share any of your war stories with us? What path did you take to get here?
7. Could you tell me when you chose to become a full-time instructor and why you made that decision?
8. What would you share with your pupils if you had to share a particularly memorable experience as a teacher?
9. There is a lot of pressure as a teacher, but because teaching isn't considered a well-paying profession, there can be a lot of financial and administrative pressure. Overall, how do you think you'd deal with the onslaught of problems?
10. Has your understudy (past or present) ever approached you and offered you advice because of your course? If this is significant, would you share the story?
11. Do you agree to write your name for this task?

Thank you for taking the time to come and for helping to make this event a success. (Regards)

